

* Travel items you should bring, but not for the trail -- to be left in base camp. DO NOT put in your backpack. Put in a separate bag or wear:

Books/magazines (maybe take 1 on trail) (optional)

cards, playing (optional)

clean clothes for base camp & return home

pants

crew t-shirt

socks

shoes

underpants

Class "A" shirt required for at base camp! This shirt can double for plane/hotel.

CPR & First Aid certification cards (required for adult leaders)

duffle bag or laundry bag in which to stuff your pack for transporting on the plane

(do not check your pack without covering it in something – plastic and duct tape will also work)

food for travel on plane and bus (box-type drinks are best)(take a small trash bag)

Guidebook to Adventure (1 per Scout)

gym bag (small) for stuff on plane and leaving behind in base camp

luggage tags (at Philmont you will receive a blue tag for your backpack)

medical cards (copy of insurance carrier & pharmacy) (attach copy to your medical form)

medical forms (should be given to Mr. Tillman) (adults carry two crew copies)

medical waivers & information - as required (should be given to Mr. Tillman)

medication not needed on trail (all dates on medicine must be current!)

money not needed for trail (take no more than \$100 total for souvenirs, snacks & trail)

tickets (airplane) (will be held by Mr. Pierce)

towel & wash cloth

wallet (BRING ID! -- picture ID is required for)

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ms to take on the trail:

INDIVIDUAL ITEMS --

addresses, postcards, stamps & contact telephone #'s (mail can be sent from staffed camps) (optional)

athletes foot or talcum powder (optional)

backpack tag (blue plastic Philmont tag - one per Scout, will receive at Philmont)

backpack & cover (compartmentalize all gear in ziploc bags) (line with plastic bag)

bags (a few small plastic ones from grocery store)

bandannas (2) (you can use one for a target at black powder rifle shooting)

batteries for flashlights (new!)

bowl (take one provided by Mr. Pierce - forget the mess kit!)

compression straps

camera & film (extra batteries, rolls of film) (panoramic camera is good)

camp shoes (lightweight) (NO SANDALS OR OPEN-TOED SHOES ARE ALLOWED!)

cards, playing (optional)

caribiners (optional)

chapstick

comb (optional)

compass (share with tent-mate)

contact lenses, case and cleaning solution/ glasses

daily itinerary and schedule (adults & crew leader)

dental floss – share (this is a great emergency repair item!)

dirty clothes bag (small plastic)

ditty bags for personal stuff (small) (helps compartmentalize gear)

small day pack

first aid kit (put in small, red, stuff sack)

flashlight/headlamp (with new batteries)

glasses (if you wear them) (consider a backup pair to leave in locker)

glasses strap holders (optional)

gloves (1 pr. lightweight polypropylene) (socks can be used as extra gloves if needed)

groundcloth (one for each tent)

hand lotion (at altitude your skin will become uncomfortably dry)

hat (wide brim for sun and rain) (also put a shirt on your head if it's really cold)

hiking boots (not new ones, waterproofed)

jacket or sweater (fleece, wool or Polartec is best)

knife (small pocketknife that locks) (sharpen before leaving, no sheath knives)

leather for branding (souvenir item - also brand boots & hats)

lighter (Bic)

long johns (polypropylene)

matches in waterproof container

medication required on a daily basis plus Tylenol, Advil or aspirin

mirror, small (non-breakable)

money for the trail (\$25 - \$35 should be plenty) (adult crew advisor must take a credit card)

"O" rings and pins for backpack repairs

pad or notebook for writing, pen (optional except for crew leader and lead advisor)

parachute chord (6-10')

personal hygiene items (toothbrush, small tube of toothpaste (share tent mate), etc.)

rainsuit (jacket with hood and zipper legs) (leave your poncho at home)

razor (optional)

safety pins

sahara convertible pants (shorts with zip on/off legs) or other long pants (not jeans)

sanitizing gel for hands (Camp Suds, Purell at Wal-Mart or similar) (must use for personal hygiene!)

t-shirts - polypro (3 only) (2 shirts to wear and another to stay in your sleeping bag at all times!)

long sleeve shirt (1 – polypro)

shorts for hiking (2 pair mesh or lightweight synthetic -- only 1 pr. if you have convertible sahara pants)

shorts for sleeping (stays in sleeping bag at all times!)

sleeping bag rated to at least 30° (20-25° is best) (line stuff sack with a plastic bag)

sleeping pad

sock liners (2 pr)

socks (2 pr) (heavyweight synthetic/wool)

string (a little)

stuff sack lined with plastic bag (food, toiletries and other smellables go in here and in the bear bag)

sunglasses (optional)

sunscreen (at least 15 SPF non-scented) (share this)

tape (just a small amount of duct & electrical) (wrap around a pencil, flashlight, or something)

tent & tent fly (seal seams at least 1 week before leaving)

toilet paper (about 1/4 roll) (put in plastic ziploc bag)

towel (old & lightweight)

trash bags (2-50 gal. bags)

twist ties for trash bags & emergency repairs (just a few)

underpants (2 pair CoolMax, nylon or polyester -- no cotton)

utensils (Lexan is best -- no plastic) (2 spoons - no forks or knives) (mark with your name)

watch (especially crew leader!)

water bottles, bladder bag or folding water bag for 3 qt/l

whistle on lanyard

wipes for hygiene

ziploc bags (one small, one big and one extra large to wash clothes on trail)

CREW ITEMS –

These items will be distributed among all crew members:

bag for carrying water from water source for purifying (optional)

combination locks for base camp crew lockers (2):scout locker, lenny

cup – 2 (large plastic with handle):scout locker, carlton

dining fly tent stakes (10) (needle-type -- ground can be hard as a rock):?????, Asa

duct tape: lenny, steve

eyeglasses repair kit: ?????, steve

first aid kit (crew size): scout locker, lenny

absorbent pads w/ sticky side (2), acetaminophen (25 tablets), adhesive tape (1 in. x 10 yds.), antacid (20) & Pepto Bismal tablets (12), antibacterial cream, antiseptic, bandages (2 large triangular), bandaids (12 large), Benedryl, butterfly strips (10), chapstick, cotton balls (12), elastic wrap, eye protection, gauze (2 in. roll) & pads (6-4x4 and 20 1x1 or 2x2), hydrocortisone cream, ibuprophen (25 tablets), ice packs (2 - crushable), imodium (25 tablets), latex gloves (8 pr.), mouth

barrier device, moleskin & foam (2 sheets of each), oral thermometer, Q-tips (12), safety pins (10), sanitizing gel (Purell), syrup of ipecac, small scissors, liquid soap, tongue depressors (4), tweezers, wipes - soap & alcohol based (10 each).

crew flag (string & markers):?????, lenny

frisbee:?????, graham

fuel bottles (3 - 16oz.) (ship with stoves) (16 oz. allows for better weight distribution):Mr. Rose/Tillman, graham/asa

insect repellent (no aerosol):everyone

maps (put in ziploc bag) (2 large overall and 2 for areas in which you will be hiking): provided, lenny

marker pen: lenny, lenny

measuring cup (8 oz): lenny, carlton

nylon cord (1/8 in. - 3x50'): Mr. Rose, steve

packing material, labels & postage to mail stoves & bottles home: everyone

Polar Pure Philmont provides - take extra one bottle for every 3 crew members: Mr. Rose/Tillman/Pierce, Michael

sewing repair kit: scout locker, steve

spices:?????, graham

U-digit (for sumps): scout locker, steve

snake bite kit: Mr. Rose, lenny

stoves (2) (name marked on stove) (Must be sent by USPS): MR. Rose/Tillman, graham/asa

tools (multitool):?????, asa

turkey roasting bags (one for each dinner) (large enough to fit an 8 qt. pot – 24lb. capacity) (optional):?????, carlton

wash basins:?????, asa

water jugs (two collapsible plastic) (2.5 gals):Mr. Rose/Tillman, graham

wire (small amount -- thin & medium thickness for repairs): Lenny, steve

Crew equipment provided by Philmont:

bear bags (3)(1 ½ lbs): asa/michael

cooking pots (weight 3-4 lbs.):carlton

1 - pot with lid (6 or 8 qt.) (use 8 qt. for 12 person crews) (when cooking dinner everything goes in one pot!) (we also cook dessert in this pot)(bring a sturdy pie pan for the lid instead of using the frying pan – it's lighter): michael

1 - extra pot with lid (6 qt) (for washing dishes) (nest this in the 8 qt. pot) (some crews carry another 8 or 6 qt. pot, but this is not necessary, if you do one pot cooking): lenny

dining fly (12'x12') (weight 4 lbs.): asa

dining fly poles (2) (weight 1 lb.):asa

dishwashing soap (Campsuds):steve

food (up to 4 days worth): everyone

hand sanitizer: steve

crew lockers (one or two) to leave gear at base camp (21" W x 22" H x 31 1/2" D) (extra gear

can be stored unsecured in the backcountry warehouse)

2 bottles Polar Pure for purifying water: graham

pot tongs (1) (weight 1/2 lb.) (leave the second tongs behind): carlton

rope (150' of 1/4" nylon rope)(weight 2 1/2 lbs.) (for bear bag): lenny

salt & pepper: graham

sanitizing tablets for rinse water: graham

scrub pads (8): steve

sump frisbee (strainer): lenny

sump scraper: lenny

toilet paper: steve

trash bags (10)

utensils for cooking (2 large spoons, 1 large spatula) (1/2 lb.): carlton

yum-yum bag (for food scraps): lenny

Approximate weight of all shared crew equipment (not including food, water, and tents) is about 72-76 pounds or 6-9 lbs. per crew member. Food, water, and shared tent adds 14-16 pounds per person for a total of 20-25 pounds per person. Small crews will carry more weight per person.

NOTE: Food adds about 2 lbs. per person per day (if stripped of packaging - otherwise add another half pound per day). A stripped 4 day food pickup will add 8 lbs. to an individual's load. A 6 pound tent split two ways adds three pounds per person. A dry camp may require each individual to carry about 128-144 oz. of water (8-9 lbs). All good reasons for packing light.

SPECIAL PACKING NOTES:

PUT CLOTHING IN ZIPLOC BAGS AND COMPRESS OUT THE AIR! (or put in a compression stuff sack)

Pack all smellables together in a small ditty bag. DO NOT MIX ANY SMELLABLE ITEMS WITH ANY GEAR WHICH MIGHT END UP IN YOUR TENT. This includes chapstick, toothpaste, sunscreen, duct tape, scented toilet paper and wipes, snacks, soap, shampoo, first aid items, etc. Do not put any smellables with your clothing. Anything that smells -- except a Scout -- is subject to close inspection by a bear!

Advisors – Cell phone coverage in the backcountry is spotty at best. If you feel the need to bring one, then limit it to one per crew for emergency purposes only. They have been on the Philmont prohibited items list, but I have been told that policy is changing.

Put your name and expedition # on all personal items – clothing and gear!

Put your name, expedition #, Philmont address and Philmont telephone number on your luggage tag and in your backpack!

Tents must be 2-man and must be used. No sleeping under the stars. No bivvy sacks are permitted at Philmont.

Pack heavier items near your body and high in the pack.

Blue jeans are not recommended for the trail. Leave them home.

Leave your poncho at home. Instead bring a rainsuit!

No knives may be carried on the plane (put in your backpack)!

No glass or aerosol containers are allowed on the trail!

Do not bring radios, CD or tape players, or other electronic equipment!

No hammocks are allowed!

Hiking sticks are not really needed, but bring one if you normally use it.

When you have finished packing, put your pack in a large cloth laundry bag. You may also want to reinforce your pack frame with a few wooden dowels to defeat the baggage gorilla.

Trim your toenails!

Get a haircut (short hair will be easier to deal with on the trail)

***** SPECIAL NOTES ABOUT PACK WEIGHT *****

Maximum pack weight without food, water, tent, and crew equipment should be no more than 20-25 pounds (depending on your body weight). Shared crew gear and water will add about 20-25 pounds (food, water, and shared tent adds 14-16 pounds per person, while the other common crew gear adds another 6-9 pounds per person). Total pack weight should be 25-30% or less of your body weight. When you leave home your pack should feel incredibly light.

If your pack weighs 25 pounds without food, tent, water, and crew gear, then it will weigh about 50 pounds when you hit the trail! So, unless you weigh at least 170 lbs., that's way too much.

Try to share items like toothpaste and sunscreen.

REMEMBER -- an ounce in the morning is a pound at night!