

# CAMPING AND BACKPACKING CHECKLIST

## COOKING EQUIPMENT

- Freeze dried food
- Nesting cook kit
- Utensils (knife, spoon, fork)
- Drinking cup
- Plastic garbage bags and ties
- Canteen
- Waterproof matches

## CLOTHING

- Lightweight hiking boots
- Socks and sock liner
- Gloves/mittens
- Hat for sun protection
- Knit cap for warmth
- Raingear
- Thermal underwear
- Outerwear (seasonal)
- Sunglasses

## SHELTER EQUIPMENT

- Tent and tent bag
- Hammer and spare stakes
- Ground cover
- Sleeping bag and stuff bag
- Sleeping pad (air mattress, foam pad)
- Hand trowel/shovel
- Rain cover for backpack

## TOILETRIES

- Biodegradable soap
- Small wash cloth
- Toothbrush and toothpaste
- Moisture cream/ sunburn protection
- Toilet paper

## MISCELLANEOUS GEAR

- Sewing kit
- Water bottle
- Pocket knife
- Nylon cord
- Compass
- Map of area
- Camp stool

## EMERGENCY GEAR

- Space blanket
- Snake bite kit
- Insect repellent
- Quarters for emergency calls
- Pencil and paper
- Purification tablets
- Extra food for one day
- First aid kit & book
- Plastic whistle
- Signaling device/mirror
- Prescription medication

## Additional CAMPING items

### COOKING ITEMS

- Pot scrubber
- Can opener
- Stove and fuel (fuel filter and filter base)
- Ice chest and ice packs
- Coffee pot
- Folding table
- Griddle and pans

### TOILETRIES

- Portable toilet
- Extra bags and chemicals
- Solar shower

### MISCELLANEOUS

- Lantern, mantels and fuel
- Lantern stand
- Lantern carrying case
- Candles
- Extra flashlight bulb and batteries
- Safety pins
- Tire inflator for car
- Binoculars
- Fishing gear

## Additional BACKPACKING items

### CLOTHING ITEMS

- Insulated parka or vest
- Down bottles

CAMPING CHECK LIST

- |                           |                              |                       |
|---------------------------|------------------------------|-----------------------|
| - TENT                    | _____ COOKWARE               | _____ BIODEGRADE SOAP |
| - BACKPACK                | _____ COOKING UTENSILS       | _____ TOWELS          |
| - SLEEPING BAG            | _____ WATERPROOF "CONTAIN-   | _____ COMPASS         |
| - SLEEPING BAG PAD        | _____ ALLS"                  | _____ INSECT REPELLAN |
| - TARP                    | _____ COOLER                 | _____ PORTABLE JON    |
| - SCREEN & NYLON          | _____ ICE-PAKS               | _____ SOLAR SHOWER    |
| - REPAIR KIT              | _____ TOWELETTES             | _____ PORTABLE STOOL  |
| - MAP                     | _____ TOOTHBRUSH HOLDER      | _____ KNIFE SHARPENER |
| - TENT STAKES             | _____ FLASHLIGHT             | _____ FISHING GEAR    |
| - DUFFLE BAG/             | _____ BATTERIES              | _____ HARMONICA       |
| - DITTY BAGS              | _____ CANDLES                | _____ GAMES/CARDS     |
| - DAY PACKS               | _____ WATERPROOF MATCHES     | _____ CARABINERS      |
| - BUTT PACK               | _____ LANTERN                | _____ BANDANAS        |
| - RAINSUIT/PONCHO         | _____ MANTLES                | _____ CAMERA/FILM     |
| - JACKET, SWEATER (LAYER) | _____ FUEL                   |                       |
| - MINI HAMMOCK            | _____ CALYUME LIGHT STICKS   |                       |
| - RADIO                   | _____ SMALL FLASHLIGHT       |                       |
| - SEAM SEALER             | _____ (MINI-MAG)             |                       |
| - BOOT SEALER             | _____ LIGHTERS               |                       |
| - PEN, PAPER              | _____ SIGNAL MIRROR          |                       |
| - CHARGE CARDS            | _____ METAL MIRROR           |                       |
| - AIR MATTRESS            | _____ POCKET SAW             |                       |
| - FOOT PUMP               | _____ 1ST AID KIT            |                       |
| - PORTABLE HEATER         | _____ EMERGENCY BLANKET      |                       |
| - SPARE LACES             | _____ MULTI-BLADE KNIFE      |                       |
| - BATHING SUIT            | _____ AXE                    |                       |
| - PILLOW                  | _____ MACHETE & SHEATH       |                       |
| - HEADNETS                | _____ PARACHUTE CORD/ROPE    |                       |
| - SOAP HOLDER             | _____ 30LB TEST FISHING LINE |                       |
| - BUNGIE CORD             | _____ SUNSCREEN              |                       |
| - FIRESTARTER             | _____ LIP BALM               |                       |
| - CANTEEN/WATER BOTTLE    | _____ SUN HAT                |                       |
| - 5 GAL WATER CARRIER     | _____ WOOL/POLY PRO SOCKS    |                       |
| - WATER PURIFIERS         | _____ FOLDING SHOVEL         |                       |
| - DUNK BAG                | _____ TOILET PAPER           |                       |
| - MESS KIT                | _____ PERSONAL MEDICATION    |                       |
| - CUTLERY SET             | _____ FUEL CONTAINERS        |                       |
| - GRILL                   | _____ WHISTLES               |                       |
| - STOVE                   | _____ PEPPER DEFENSE SPRAY   |                       |
| - CAN OPENER              | _____ GOOD HIKING BOOTS      |                       |
| - CANDY BARS/GORP         | _____ MOLESKIN               |                       |
| - PAPER TOWELS            | _____ "CAMP SHOES" i.e. MOCS |                       |
| - STERNO                  | _____ SPARE CAR KEYS         |                       |
| - SKEWERS                 | _____ BINOCULARS             |                       |
| - "SMORES"                | _____ EXTRA GLASSES          |                       |
| - TRASH BAGS              | _____ SUN GLASSES            |                       |

ASTLY: DUCK TAPE (BECAUSE IF YOU CAN'T FIX IT...DUCK IT!!)

RANGER SURPLUS PLUS ... YOUR COMPLETE CAMPING HEADQUARTERS !!

OUTDOOR OUTFITTERS — ARMY-NAVY SURPLUS  
CAMPING — HUNTING

**RANGER SURPLUS PLUS**

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(301) 946-5547

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(301) 656-2302

8393 LEEBURG PIKE., VIENNA, VA 22180 (In Pike 7 Shopping Center)  
(703) 917-0711