

## Troop 255 Packing List for Backpacking Treks – 05/18/08

Cum	<u>Wt.</u>	<u>Wt.</u>	<u>Item Description</u>	(Weight is in lbs and tenths of lbs)
r	5.0	5.0	Pack properly fitted for your body	
r	9.3	4.3	Water, 2qts or liters (water is 1 lb per pint)	
r	12.8	3.5	Sleeping Bag (in waterproof bag)	
r	15.8	3.0	Your Part of Tent (divide weight equally among occupants)	
r	16.5	0.7	Raingear (Coat, Hat or Hood, Pants or Durable Poncho)	
r	17.0	0.5	Pack Cover (for protection from rain while hiking or camped)	
r	17.5	0.5	Sleep Pad	
r	18.0	0.5	Extra pants (in plastic bag)(compact, light weight, synthetic)	
r	18.5	0.5	Extra shirt (in plastic bag)(compact, light weight, synthetic)	
r	18.7	0.2	Extra socks (liner & outer socks)(at least 2 pair of each)(in plastic bag)	
r	18.9	0.2	Waterproof socks or plastic bags that fit over socks (in case boots get wet)	
r	19.1	0.2	Headlamp (preferred) or Flashlight (with fresh batteries)	
r	19.3	0.2	Spoon <b>and Bowl (for Lenhok'sin/Philmont bowls will be supplied)</b>	
r	19.5	0.2	Personal First Aid Kit	
r	19.7	0.2	Rope, 10 ft	
r	19.8	0.1	Matches & Fire starters (in waterproof container)	
r	19.9	0.1	Whistle	
r	20.0	0.1	Personal Items (Toothbrush, Paste, Meds, Safety Pins)	
r	20.1	0.1	Trash Bags (2)(for yucky stuff and packing out trash)	
r	20.2	0.1	Knife	
r	20.3	0.1	Compass, Map, Pad, Pen (in plastic bag)	
r			Sleep clothes (so day clothes can go in bear bag)	
r			Water shoes or Teva-like sandals (as light as you can find)(for rocky creeks)	
r			<b>Food &amp; Snacks (for Lenhok'sin/Philmont food and snacks will be supplied)</b>	
r			Holder for 3 <sup>rd</sup> quart of water (empty) for when we need to pack more water.	
r			Water-proof Stuff Sack for personal items that go in bear bags.	

### Wear:

Boots (waterproof)(large enough to allow toes to wiggle when wearing liner and outer socks)

Liner Socks (1<sup>st</sup> layer)(synthetic)

Outer Socks (2<sup>nd</sup> layer)(synthetic or wool)

**Long underwear pants (1<sup>st</sup> layer)(synthetic)(Cold Weather Only)**

Pants (2<sup>nd</sup> layer)(synthetic or wool)

**Long underwear shirt (1<sup>st</sup> layer)(synthetic)(Cold Weather Only)**

Shirt (2<sup>nd</sup> layer)(synthetic or wool)

Additional outer shirt/Polartec/coat liner (3<sup>rd</sup> layer) (synthetic or wool)

Outer coat (4<sup>th</sup> layer)(Adjust weight of coat to weather)(May also serve as rain coat)

Headcover (something that covers the head and can pull down over the ears, face and neck)

Gloves (make good potholders)

### Crew Common Gear (split among crew members):

r	Water Purification	r	Cook Spoon	r	Food for Crew
r	Water Bladder	r	Tongs	r	Bowls for Crew
r	Latrine Kit (Shovel, Toilet Paper, Sanitizer)	r	Soap,Sump,Sink,Scrubie,Spat	r	Saw
r	Extra Toilet Paper (2 rolls)	r	Paper towels	r	Garbage bags
r	Cook Mitt/Gloves	r	Tarp & rope	r	<b>Wood #</b>
r	Stoves (2)	r	Rope, 50 ft	r	<b>Fire starters #</b>
r	Fuel	r	Repair Kit	r	<b>Lantern #</b>
r	Pots & Lids (2 each)	r	Bear Bags & Ropes	r	<b>Flags #</b>
		r	Crew First Aid Kit		<b># Not for Lenhok'sin/Philmont</b>