

Directions to Annapolis Rock Appalachian Trail Trailhead from CCUMC:

By car from CCUMC: About 60 minutes; mileage around 52.

1. MD 185 (Connecticut Ave) North to I-495 West.
2. From the Capitol Beltway take I-270 north approximately 31 miles to route 70 west. (70 west exits to the right)
3. Drive approximately 11 miles on route 70.
4. Take exit #42 (Myersville /Middletown Road/Rt-17) at the end of the exit make a right towards Myersville. There will be a McDonalds on your right.
5. Drive 0.7 miles and make a right on route 17 north. There will be a brown sign for State Parks. (The right turn is after the bank clock on the right hand side of the road.)
6. Drive down the hill until you come to a traffic signal.
7. Make a left at the light onto route 40 west and drive for 3 miles.

Park on the left side of the road at the parking area before the sharp turn to the right. (There is a large trailhead sign at the parking area.)

The trailhead is at the end of the parking area by the kiosk. We will assemble and follow the trailhead to the A.T. and travel north. **DO NOT** cross the long bridge that spans the highway, instead turn right. We will pass under the highway and start to ascend a short hill. Upon reaching the top you will turn left. After about 5 to 10 minutes there will be a split, we will stay to your right and the trail will start to bend and become steep. The total hike will take about 50 minutes.

There will be a sign for Annapolis Rocks and the spring on the left.

Directions to Ensign Cowall Shelter on Appalachian Trail from CCUMC:

By car from CCUMC: About 60 minutes; mileage around 52.

1. MD 185 (Connecticut Ave) North to I-495 West.
2. From the Capitol Beltway take I-270 north approximately 31 miles to route 70 west. (70 west exits to the right)
3. Drive approximately 11 miles on route 70.
4. Take exit #42 (Myersville /Middletown Road/Rt-17) at the end of the exit make a right towards Myersville. There will be a McDonalds on your right.
5. Drive 0.7 miles and make a right on route 17 north. There will be a brown sign for State Parks. (The right turn is after the bank clock on the right hand side of the road.)
6. Drive down the hill until you come to a traffic signal.
7. Cross US-40 and continue for approximately 10 miles on MD-17/Wolfsville Rd to Ensign Cowall Shelter parking at Appalachian Trail on right. Destination is approximately $\frac{1}{4}$ mi after intersection with Loy Wolfe Rd/Garfield Rd.