

Troop 255

Bike Trek

Saturday and Sunday, October 19th and 20th, 2013

Overview: We'll be biking on the Great Allegheny Passage, a fantastic rail-trail in Pennsylvania. Passing through Cumberland, Maryland, we'll pick up the C&O Canal towpath and finish at the Spring Gap campground on the C&O and the banks of the Potomac. On Sunday we'll stop at a corn maze for some seasonal maizy excitement.

Bike and Equipment Loading:

Friday night at 7pm at Chevy Chase Elementary*

Assemble:

5:30am, Saturday, Chevy Chase Elementary

Return: 3:00pm on Sunday at CCUMC

Cost: \$25 per person.



Food: Bring breakfast for the car ride on Saturday. Bring a bag lunch and snacks for on the trail on Saturday. Saturday dinner and Sunday breakfast by patrol. Bring money for fast food on the way home.

Weather: Expected temperature range is 40s to 60s. Be prepared for warmer and cooler, and of course, be prepared for rain. Sunscreen and bug repellent are always good ideas.

What to bring for the bike ride:

- bike
- helmet (required!)
- spare inner tube (or 2)
- water bottle (or 2)
- bike light or headlamp for tunnels
- bag lunch and snacks
- jacket, gloves, etc

Camping equipment will stay in the vehicles.



* Chevy Chase Elementary -- 4015 Rosemary St., Chevy Chase, MD 20852

TRIP PERMISSION SLIP

SCOUT: _____

TRIP: **Bike Trek**

TRIP DATE: **October 19th and 20th, 2013**

This approval/permission is valid for the trip listed above.

Approval/permission is granted by the parents/guardians of the Boy Scout named above for their son/scout to participate in the activities of Troop 255, Chevy Chase, Maryland, National Capital Area Council, Boy Scouts of America. Approval/permission is granted to the adult members of Troop 255 to authorize treatment of the Boy Scout named above in the event of an accident or emergency.

Adult members of Troop 255 that authorize treatment of the Boy Scout in the event of an accident or emergency shall be released from any or all liabilities. Troop 255 will obtain local and national tour permits when necessary.

(Permission slip needed for scouts only. Siblings accompanied by a parent do not need a permission slip.)

Parent Signature

Parent Name (Print)

Date

WHO SHOULD WE CONTACT IN AN EMERGENCY OR FOR CHANGE OF PLANS?
PLEASE LIST NAMES AND TELEPHONE NUMBERS BELOW