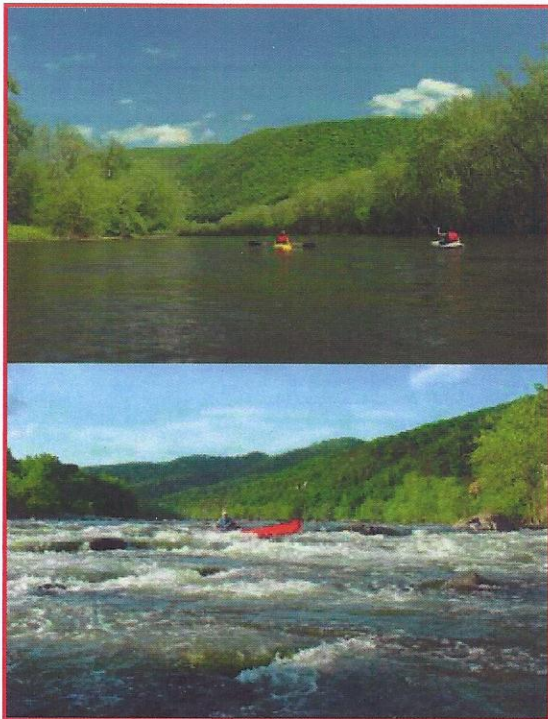


T-255 James River Canoe Trek

July 7-12, 2013

Paddle 61 miles of the historic upper James River in Virginia from the headwaters at Iron Gate to the Snowden Dam. Experience over 100 class I rapids, and 20 challenging class II rapids, and the infamous Balcony Falls (Class III) rapid. Bring your fishing pole and try your hand at fishing along the way. Camp nightly at wilderness river side locations along the way. Add an optional river clean up project and this trek meets the "50 MILER" award requirements.



Itinerary: July 7: Drive to Douthat State Park, camp.

July 8: Drive to Buchanan, VA to the Outfitter, Orientation and drive to Iron Gate. Put In by Noon. Camp at Gala Site. Paddle length 10 miles / 4 hours

July 9: Paddle from Gala to Oxbow Site. Paddle length 13 ½ miles / 5 ½ hours. Includes 9 miles of VA Scenic River section

July 10: Paddle Oxbow Site to Arcadia Island with stop in Buchanan. Paddle length to Buchanan: 11 ½ miles / 4 ½ hours. Resupply in Buchanan. Paddle length Buchanan to island campsite: 7 miles, 2 ½ hours

July 11: Paddle Arcadia Island to Wilderness Canoe. Paddle length 12 miles / 5 hours. Camp Wilderness canoe. Outfitter will staff will stage vehicle for gear pickup

July 12: 8:30 am pack camping gear in Outfitter vehicle. Launch by around 9 am, for a 1 PM. Pickup at Snowden Take Out. Paddle length 7 miles, 3 ½ to

4 hours. Class III rapids. Drive home.

Qualifications: First Class. Age 12. Must have demonstrated good camping skills and good spirit. All must have a completed BSA Annual Health and Medical Record, Parts A thru C, with no restrictions relevant to this trek. All must pass BSA Swim Test. All must have previous canoe experience (attending the T-255 May 18-19, 2013 Shenandoah Canoe Trip will qualify). Adults must be T-255 registered and have certain certifications.

Crew Size: Minimum 8, including adults.

Cost: \$250 pp, including adults. Includes transportation, outfitter, food at camps. Does not include food on the road. Reconciliation in September for actuals.

Deadline: Troop meeting, Tuesday, March 12, 2013