

## Troop 255

# Jeremy's Run Hike and Camping Trip

**Saturday and Sunday, April 13<sup>th</sup> and 14<sup>th</sup>, 2013**

**Overview:** On Saturday we will hike from the Elkwallow picnic area on Skyline Drive down Neighbor Mountain trail about 8 miles to Jeremy's Run creek. We will camp for the night with a roaring campfire beside the stream. On Sunday, we will hike about 5 miles back up to Skyline Drive along Jeremy's Run trail, with multiple crossings of the stream and waterfalls. This troop favorite is excellent training for scouts going on high adventure trips, but not too challenging for younger scouts.

**Assemble:** 7:30 am on Saturday at CCUMC

**Return:** 3:00 pm on Sunday at CCUMC

**Cost:** \$10 per participant.

**Food:** Saturday: bag lunch. Saturday dinner and Sunday breakfast: patrol cooking. Bring money for fast food on Sunday on the way home.

**Weather:** The average low and high are 35° and 55°. Of course, it can be warmer or colder. Overnight temperatures may drop below freezing.



**What to Bring:** Bring a full-size backpack with a warm sleeping bag and extra clothes to sleep in. Packs can get wet during water-crossings, so put anything that should stay dry (like extra socks) inside a sealed plastic bag. Tenting is by patrol, so make sure you know where you are sleeping and carry your share of the tent. Also bring two liters of water, your share of patrol meals, a bag lunch, snacks, and utensils. Bring a headlamp or flashlight and other standard camping gear. See the troop website for packing lists: <http://www.t255.com/Pack%20Lists.htm>

**What to Wear:** Wear layers so you can shed them when you're warm, and add them back when you're cold. Your outer layer should be waterproof. Be prepared for wind and rain, and for multiple water-crossings. Wear shoes with plenty of support. Hiking boots with two layers of socks, wool or synthetic, are best. Make sure your boots are broken in and comfortable. Plastic newspaper bags are a good idea for lining your books and keeping your feet dry. Two pairs of extra socks are a must, kept inside a sealed plastic bag. A spare pair of water shoes (like Crocs or Texas) may be useful.



## Troop 255

### Trip Permission Slip

**SCOUT:** \_\_\_\_\_

**TRIP:**     **Jeremy's Run**

**TRIP DATE:** **April 13<sup>th</sup> and 14th, 2013**

This approval/permission is valid for the trip listed above.

Approval/permission is granted by the parents/guardians of the Boy Scout named above for their son/scout to participate in the activities of Troop 255, Chevy Chase, Maryland, National Capital Area Council, Boy Scouts of America. Approval/permission is granted to the adult members of Troop 255 to authorize treatment of the Boy Scout named above in the event of an accident or emergency.

Adult members of Troop 255 that authorize treatment of the Boy Scout in the event of an accident or emergency shall be released from any or all liabilities. Troop 255 will obtain local and national tour permits when necessary.

(Permission slip needed for scouts only. Siblings accompanied by a parent do not need a permission slip.)

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Parent Name (Print)**

\_\_\_\_\_  
**Date**

WHO SHOULD WE CONTACT IN AN EMERGENCY OR FOR CHANGE OF PLANS?  
PLEASE LIST NAMES AND TELEPHONE NUMBERS BELOW: