

Programs for Older Boys

C.O.P.E. – The COPE (Challenging Outdoor Personal Experience) Program is teamwork, leadership experience which is available to Scouts age 13 and older, as well as adults. This program runs Monday – Friday. There is an additional fee of \$16.00 which includes the recognition tee shirt given at the end of the week. The morning session of Beginner COPE will be 9:00-12:00 Noon and will be available for those who have **never** taken COPE before. The afternoon Advanced COPE session will be from 2:00-5:00 PM and will be available for those who have participated in COPE before and are up for a challenge. Please choose one session for the entire week. COPE signup is done on a first-come, first-serve basis with signups beginning at Sunday check-in. Participation is limited. Scouts should verify their participation at the COPE course at 7:20 P.M., Sunday. Long pants are required for all participants of COPE.

BSA Lifeguard – BSA Lifeguard is available to Scouts age 15 and older. This program is also available to adults. Participants must have CPR and First Aid certification to complete the program.

Extreme Sports – The Extreme Sports area is available for older Scouts. The mountain boarding course is an exciting opportunity to experience the thrill of mountain boarding. The Bikathlon gives Scouts the opportunity to test their skills of mountain biking and shooting at targets with a pellet gun. Scouts are given a score based on their speed and shooting skills. Safety equipment is provided for all activities in the Extreme Sports area. The HMSR Iron Man Program as well as Personal Fitness and Sports Merit Badges will be added the Extreme Sports Area.

HMSR Iron Man – The Iron Man Program was a great success and will now we offered at the Extreme Sports area. Scouts who wish to participate can sign up for one of 3 options: (1) Monday-Wednesday, (2) Wednesday-Friday, or (3) Monday-Friday week long session. This program will test the physical fitness as well as their health knowledge.

Boots and Paddles – Boots and Paddles is a program designed for the Scout 14 years and older. This year we are offering 3 Trek options: (1) two day kayaking trip on the Schuylkill River, (2) two day backpacking trip on the Appalachian Trail or (3) the week long of a two day backpacking trip on the Appalachian Trail and a two day kayaking trip on the Schuylkill River. Scouts on the Full Trek will be in camp with their unit on Sunday, Wednesday, and Friday nights. Scouts will complete Leave No Trace Awareness, Kayaking Merit Badge, 50 Miler Award, and Whitewater Merit Badge. In order to earn the 50 Miler Award each Scout must bring proof of 10 hours of group work on projects. Kayaking equipment, tent, backpack, and sleeping bag will be provided. Scouts may use their personal backpack and sleeping bags if these items are approved by the Boots and Paddles Director.

