

Conestoga Trail Hike – Pinnacle Overlook to Pequea Saturday-Sunday, December 17-18, 2011

Assemble: 6:30 AM Saturday, December 17th, 2011 at Chevy Chase United Methodist Church (CCUMC).

Return: 3:00 PM Sunday, December 18th, 2011 at CCUMC.

Overview: On Saturday, we start the hike at the Pinnacle Overlook near Holtwood, PA then continuing north on the Conestoga Trail along the Susquehanna River and then Pequea Creek. This is a hike with many scenic overlooks and a cave. The houses along Pequea Creek give a new meaning to the word 'rustic'. On Sunday we visit historical ruins along the west bank of the Susquehanna.

Saturday –We start on Pinnacle Overlook Trail near Holtwood, PA then descend down (north) along Conestoga Trail which follows the east bank of the Susquehanna. The trail will wind over many ups and downs and cross a number of streams. This section contains many other overlooks and Wind Cave which is one of the largest tectonically formed caves in the eastern U.S. We can stop to have lunch at one of the overlooks. After about 5 miles we pass through the town of Pequea, PA. From here we will proceed northwest along Pequea creek until we arrive at our end point near a covered bridge. After the hike we go to Susquehannock State Park where we can build our campfires. The camp area will have a restroom and a water spigot.



Sunday – After breakfast and pack up, we proceed across the river to visit the historic Lock 12 of the Susquehanna and Tidewater Canal, explore around a restored lime kiln, and ruins of a sawmill, dam and race. If we are lucky and the water is low enough, you can also walk the floor of the Susquehanna River below Holtwood Dam. We will be stopping for fast food on the way home.



**EMERGENCY CONTACTS - Mr. Stuart's Cell: 240-377-6592
Mr. Rose's Cell: 301-807-6441
Mr. Thieme's Cell: 240-593-9891**

Special Considerations:

- 1) The trail is steep, covered with schist rock, wet and slippery. Everyone must have hiking boots to protect ankles and feet.
- 2) Participants who want to enter the cave must have two light sources each and a bike helmet or hard-hat. Access will be limited to walk-in areas only.
- 3) Wear layers. You will quickly overheat on the climbs, then cool down on the flats.
- 4) Bring at least a day pack for the hike. You will want to use it to carry extra clothing layers, flashlights (or headlamps), and food, snacks and water (two liters recommended).
- 5) Bring a warm sleeping bag, long underwear and warm clothing for night.

Prepare and carry lunch and snacks for the hike. You will want snacks during the afternoon. Bring lunch money for fast food on Sunday.

Cost: \$15 for transportation, tolls and camp fees. Check payable to "BSA Troop 255."
Contact Chris Thieme at address rct@thiemehome.com or call 240-593-9891 with any questions.

Driving directions and maps to follow!



APPROVAL / PERMISSION SLIP

Approval/permission is granted by the parents/guardians of Boy Scout(s) _____ for their son/Scout to participate in the activities of Troop 255, Chevy Chase, Maryland, National Capital Area Council, Boy Scouts of America.

Approval/permission is granted to the adult members of Troop 255 to authorize treatment of the Boy Scout named above in the event of an accident or emergency. Adult members of Troop 255 that authorize treatment of the Boy Scout in the event of an accident or emergency shall be released from any or all liabilities.

Troop 255 will obtain local and national tour permits when necessary. This approval/permission is valid for the **December 17-18, 2011 trip to the Conestoga Trail areas from Colemanville, PA south to Susquehannock State Park.**

I can drive: **YES NO**

If **YES**, I can carry ____ scouts including my own.

I can attend: **YES NO**

Parent Signature: _____

Parent Name: _____ Date: _____

WHO SHOULD WE CONTACT IN AN EMERGENCY OR FOR CHANGE OF PLANS?
PLEASE LIST NAMES AND TELEPHONE NUMBERS BELOW:

Please give completed form to Chris Thieme or Alex Ward or mail to 10004 East Bexhill Dr, Kensington, MD 20895